Select an element to research regarding half-life and the capacity to harness its energy

^{137}Cs Cesium

^{153}Gd Gadolinium

^{207}Bi Bismith

^{22}Na Sodium

^{152}Eu Europeum

^{133}Ba Barium

^{125}Sb Antimony

^{60}Co Cobalt

^{40}K Potassium

^{208}Tl Thallium

^{180}Ta- Tantalum